Sports Injury Symposium
Shoulder, Elbow, Wrist & Hand – February 2016

Presenters
Jason Harvey Orthosport Victoria Elbow, Wrist & Hand Surgeon
Greg Hoy Melbourne Orthopaedic Group Shoulder, Elbow, Wrist & Hand Surgeon
Ben Cunningham Action Rehab
Member of the Australian Hand Therapy Association
Hamish Anderson Anderson Hand Therapy
Member of the Australian Hand Therapy Association
David Coles Member of the Australian Hand Therapy Association
Ross Lenssen Physiotherapist
Carli Harris Physiotherapist

Date
Thursday 18th & Friday 19th February 2016

Time
Thursday  Start 8am – Finish 5pm
Friday  Start 8am – Finish 5pm

Registration Fee
$660 (inc GST) or ($630 if paid before the 15th of January) Single day registration also available
Thursday $300 (inc GST) Friday $400 (inc GST)

Registration 12th February 2016 Deadline

Venue  Parkview Hotel
562 St Kilda Rd Melbourne VIC 3004

Don’t miss out!
Phone  1300 762 227
Email  aradmin@actionrehab.com.au

This course will provide CPD points through your professional association.
Symposium Outline
This two day symposium will take an in depth look at the incidence, cause, assessment and treatment of sports related injury to the shoulder, elbow, wrist and hand. This unique format will have presentations from Orthopaedic Surgeons and Members of the Australian Hand Therapy Association, who have extensive experience treating this patient group. We will discuss commonly treated upper limb injuries and there will be debate and interaction with the presenters. This course is suitable for Hand Therapists, Physiotherapists, Sports Physicians, Practice Nurses and Occupational Therapists working in private practice or community settings treating sports related trauma to the upper limb.

A full workshop timetable will be available on our website by the 23rd of December 2015.

Our Presenters

Jason Harvey
Jason Harvey is an internationally trained Melbourne orthopaedic surgeon with a specialty interest in hand, wrist, and elbow surgery. Jason graduated from the University of Sydney in 1997. Jason studied a hand and peripheral nerve surgery fellowship in Sydney (Royal North Shore) and was admitted to fellowship of The Royal Australasian College of Surgeons in 2007. Jason has played rugby at a high level in Sydney and is still a very keen cricketer and golfer (occasionally beating Ben). Jason works with a number of elite sporting teams and has a particular interest in sports related trauma. Through his involvement with Orthosport Victoria and Olympic Park Sports Medicine Centre Jason is also involved in research into advanced techniques in fixation of wrist fractures, finger joint replacement and upper limb AFL injuries.
Greg Hoy

Greg is Melbourne born and educated and completed his medical training at Monash University. From an early age he has had an interest in Sports Medicine and was involved with Prahran Football Club and the state and National Cricket teams for many years.

He is dual qualified as a Fellow of the Royal Australian College of Surgeons and the Australian College of Sports Physicians.

Greg is now a Senior Lecturer in the Department of Surgery of Monash University and works as a Hand and Upper Limb Surgeon at Melbourne Orthopaedic Group.

His work encompasses hand and wrist surgery (including trauma), all forms of shoulder surgery and a particular interest in elbow surgery.

With a double degree in sports physician training as well as upper limb orthopaedic training, Greg Hoy is ideally suited to specialized upper limb sports injury management.

His practice has an emphasis on sporting injuries and he maintains close ties with many sporting teams and organisations, including:

- Australian Institute of Sport (AIS)
- Victorian Institute of Sport (VIS)
- Melbourne Storm (NRL) Rugby League Football Club
- Australian Basketball Team
- Athletics Australia
- Australian Football League (AFL) Teams in Victoria
**Hamish Anderson**

Hamish has been working in his own private practice since 2001, specialising in management of injuries to the hand and upper limb. Hamish is also the hand and upper limb research co-ordinator for surgeon Mr Greg Hoy.

Hamish is currently the hand therapist at the all conquering Hawthorn Football Club and a full member of the Australian Hand Therapy Association and the International Society for Sports Traumatology of the Hand. Hamish has been an invited speaker and presenter at international and national hand therapy conferences. Hamish has a special interest in the biomechanics of the wrist, and in sport specific injuries to the hand and upper limb.

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**Ben Cunningham**

Ben Cunningham is an engaging teacher and the Director of Action Rehab. Ben has over 17 years’ experience providing hand therapy and is currently the Hand Therapist at the Collingwood Football Club.

Ben’s special interests are in sports biomechanics and hand trauma and through his role at Olympic Park Sports Medicine Centre he treats a number of elite athletes including players from the AFL, NRL, A-league, Cricket Australia and Netball Australia. Ben has led the way in the treatment of complex intra-articular fractures in the wrist, hand, thumb and digits, presenting at national and international conferences.
Ross Lenssen graduated from Auckland University, New Zealand in 2008 and relocated to Melbourne to commence working with at The Avenue Physiotherapy Centre and Lifecare Prahran Sports Medicine.

Ross has a special interest in managing shoulder injuries and has a very close working relationship with Lyn Watson. Lyn has mentored Ross over this time and he is now a well-established shoulder physiotherapist.

Ross has facilitated Lyn with her PhD research and tutors regularly at the courses she teaches. Ross has developed relationships with shoulder surgeons in Melbourne and particularly at the Melbourne Orthopedic Group.

Ross has commenced his own Doctorate on shoulders, which he started in 2013. Ross will discuss multi factorial shoulder instability in the athlete.

David Coles

David is a Guest Lecturer in Hand Therapy and Splinting for Occupational Therapy undergraduate students at Southern Cross University, as well as for Masters of Musculoskeletal and Sports Physiotherapy students at Griffith University on the Gold Coast.

He has worked closely with the Gold Coast Suns AFL and Gold Coast Titans NRL teams over the past few years, as well as numerous surfing, boxing and swimming world champions.

Fields of interest include sports injuries, acute trauma and complex wrist injuries.

David enjoys his surfing, sports and hanging out with his family of 4 children.
Carli Harris

Carli completed her Bachelor of Physiotherapy (Honours) at LaTrobe University in 2004. She was awarded the Eliza McAuley Memorial Prize for the highest clinical marks in final year physiotherapy. Since graduation she has worked in private practice across Melbourne, specialising in Sports Physiotherapy.

Carli completed her Masters of Sports Physiotherapy in 2010. She has worked with a number of sporting organisations over the past 11 years and also instructs courses for SMA and RACGP. Carli works as the AFL Victoria Academy Physiotherapist, servicing their elite State representative teams, and has previously held a similar role at the AIS.
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PLEASE CONTACT

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